

References:

1. Manufacturer's product leaflet: https://www.3mcanada.ca/3M/en_CA/company-ca/all-3m-products/~3M-SoluPrep-Sponge-4-w-u-chlorhexidine-gluconate-sponge-100-10-clear/?N=5002385+3293574493&rt=rud
2. QNF (Qatar National Formulary)
3. UpToDate. Chlorhexidine gluconate (topical): Drug information. https://www.uptodate.com/contents/chlorhexidine-gluconate-topical-drug-information?search=chlorhexidine%20wash&source=search_result&selectedTitle=1~150&usage_type=default&display_rank=1. Accessed on 29/10/20203.
4. DailyMed. U.S. NATIONAL LIBRARY OF MEDICINE. HIBICLENS- chlorhexidine gluconate solution. <https://dailymed.nlm.nih.gov/dailymed/drugInfo.cfm?setid=4275eb53-1a7e-4a91-aac1-1085f40fac88>

We hope you find this leaflet useful.

**Prepared by:
Pharmacy Department
Aspetar
PO Box 29222
Doha, Qatar
+974 44132552/44132083**

Orthopaedic & Sports Medicine Hospital
www.aspetar.com

@Aspetar     

inspired by aspire®



%4 CHLORHEXIDINE GLUCONATE SPONGE

ASPETAR  **أسپتار**

inspired by aspire®

Patient Information Leaflet On 4% CHLORHEXIDINE GLUCONATE SPONGE

Antiseptic Skin Cleanser (Latex Free)

Single Use ONLY

This medication is not on the World Anti-Doping Agency List (WADA)

What is it used for?

4% Chlorhexidine Gluconate Sponge is a skin antiseptic that removes oil, dirt and bacteria from skin prior to an invasive procedure, and helps reduce the risk of developing an infection.

What you need to know before taking Chlorhexidine Gluconate Sponge?

- If you have an allergy to chlorhexidine or any of the other ingredients in this product.
- Hair removal can irritate your skin and cause abrasions that make it easier for you to develop an infection.
- Do NOT shave, clip, wax, or use a depilatory below your neck.

How do I apply it?

1. Remove all jewelry or body piercing if applicable.
2. Use your regular soap and shampoo to wash your face, hair and body. Rinse with water.

3. Wet sponge and squeeze to make suds. **Use one sponge for each bath/shower and dispose after using.**



4. Use back and forth gentle scrubbing motion to wash Your body:

- Beginning at your neck (Avoid contact with eyes, mouth and ears)

1st Gray region



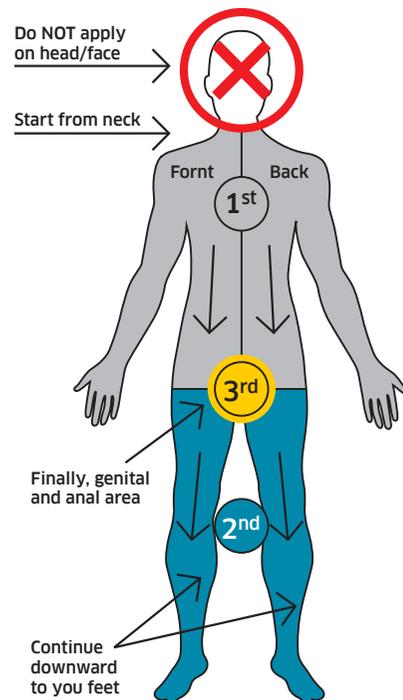
- Then working down to your feet

2nd Blue region



- Lastly, wash the genitals and anal areas

3rd Yellow region



5. When application is complete, use warm water to thoroughly rinse the cleanser from your body.
6. Use a soft clean towel to pat your skin dry.
7. Do not apply deodorant, body lotion or powder.
8. Dress in soft clean clothes.
9. Repeat Steps 1 to 8 for each shower/bath as directed.

What about allergies?

Before applying this sponge cleanser, tell your Doctor or Pharmacist if you are allergic to Chlorhexidine or any other component of the formulation. Signs of allergic reaction are rash and irritation to the skin when used.

What are the side effects?

If you experience any of the side effects detailed below stop using Chlorhexidine sponge and consult your doctor.

- Irritation
- Sensitization
- Allergic reactions like rashes

Warnings and precautions:

The Chlorhexidine sponge is for external use only. Avoid contact with eyes, mouth and interior of ears. If there is contact on these areas, rinse out immediately and thoroughly with water.

How do I store/throw out this sponge?

Keep this sponge out of the sight and reach of children. Keep it in a dry place in a room temperature below 25°C. Do not remove from its original packaging. Do not use the sponge after the expiry date which is stated on the packaging. Ask your pharmacist how to dispose of medicines if no longer needed or expired. Use one sponge for each bath and dispose after using.



Flammable: Keep away from fire or flame.

Pharmacist's Comments

Make sure to keep the medication out of eyes, ears, and mouth. The medication may cause serious or permanent injury if permitted to enter and remain. In case of contact, rinse with cold water right away and contact a doctor.