
Agenda

Healthcare Coaching

11th and 12th January 2025



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Target Audience: Allied health practitioners, Physicians, Nurses, Healthcare Administration

Activity code: HGI-03-P153

Venue: Aspetar, West Expansion, 3rd floor, Let's Playroom

Time: 9:00 to 15:00

This Healthcare coaching course provides a comprehensive exploration of how coaching can transform healthcare environments by enhancing leadership, improving patient outcomes, and supporting professional development. The course is an interactive training where participants will delve into strategies for building effective teams, facilitating organisational change, and fostering emotional intelligence. Additionally, the course addresses the critical aspects of ethical decision-making and burnout reduction, equipping healthcare professionals with the skills needed to lead and innovate in their fields.

On completion of this activity, participants will be able to:

- Define the ICF Core Competencies and their role in establishing effective healthcare coaching relationships.
- Discuss the principles of effective communication and powerful questioning techniques in healthcare coaching.
- Apply goal setting and accountability strategies to design and implement coaching actions in healthcare settings.
- Analyse methods for managing progress and accountability to ensure successful coaching outcomes in healthcare.
- Create a comprehensive healthcare coaching plan that incorporates ICF Core Competencies and addresses specific coaching needs.
- Evaluate the effectiveness of different coaching strategies and actions in improving healthcare outcomes and managing coaching relationships.
- Develop a personal reflection and growth plan to enhance skills and effectiveness as a healthcare coach, based on the course learnings.

This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions - Accreditation Section and is approved for a maximum 10 hours.

Day 1 11th January 2025 This session provides a comprehensive introduction to healthcare coaching, focusing on ICF Core Competencies, effective communication, and relationship-building techniques essential for enhancing patient care and leadership in healthcare settings.			
Date 11 th January 2025	Topic	Session Learning Objectives By the end of this session, participants will be able to:	Speaker
8:45 – 9:00	Registrations		
9:00– 9:15	Networking: Meet your colleagues		
9:15 – 10:45	Healthcare Coaching Overview to ICF Core Competencies	<ul style="list-style-type: none"> Define Healthcare Coaching and ICF Core Competencies Discuss how Ethical Practice (<i>ICF Competency #1</i>) in Coaching Impacts Patient Trust and Care Quality 	TBD
10:45 – 11:00	Coffee and Prayers		
11:00 – 12:30	Coaching Relationship Embodies a Coaching Mindset	<ul style="list-style-type: none"> Develop Coaching mindset (<i>ICF Competency #2</i>) Describe the process of building trust and safety in healthcare coaching relationships (<i>ICF Competency #3</i>) Discuss case studies of how trust enhances coaching impact in patient and healthcare leadership 	TBD
12:30 – 13:00	Lunch Break		
13:00 – 15:00	Communicating Effectively as a Coach Roleplay to learn active listening and powerful questioning	<ul style="list-style-type: none"> Describe mindfulness in healthcare coaching conversations, maintains presence (<i>ICF Competency #4</i>) Practice communication techniques to uncover core issues, listening actively (<i>ICF Competency #5</i>) Discuss the tools for asking the right questions to facilitate patient-centered care and to maintain presence (<i>ICF Competency #6</i>) 	TBD

Day 2 12th January 2025 This session is an interactive training for Applying Coaching Competencies to Healthcare and Developing Personal Coaching Skills			
Date 12 th January 2025	Topic	Session Learning Objectives By the end of this session, participants will be able to:	Speaker
8:45 – 9:00	Registrations		
9:00 – 9:15	Networking: Meet your colleagues		
9:15 – 10:45	Coaching Actions for Healthcare Settings	<ul style="list-style-type: none"> Understanding co-creating actions and goals for patient and leadership development: facilitating client growth (<i>ICF Competency #7</i>) Design actions in Healthcare Coaching that supports positive patient outcomes 	TBD
10:45 – 11:00	Coffee and Prayers		
11:00 – 12:30	Goal Setting and Accountability	<ul style="list-style-type: none"> Describe SMART goals in Healthcare Coaching: cultivates learning and growth (<i>ICF Competency #8</i>) Discuss how accountability impacts patient compliance and leadership success (<i>ICF Competency #9</i>) 	TBD
12:30 – 13:00	Lunch Break		
13:00 – 15:00	Reflection and Developing a Healthcare Coaching Plan	<ul style="list-style-type: none"> Explain tracking progress in healthcare coaching and feedback integration: Cultivates Client Self-Awareness (<i>ICF Competency #10</i>) Understand how to integrate ICF core competencies into daily coaching Develop personal healthcare coaching development plan 	TBD

Scientific Planning Committee:

Tamader Aljaber (Chair), Ayesha Masood, Irwin Vilaga , Dr Fethi Regaieg, Michael Saretsky, Sean Mccrudden

The Scientific Planning Committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of the CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

Overall time: 600 min

Lecture: 420 min

Interactive: 180 min (30%)